



17 May 2026

## INVITATION

### to the Public Defense of the Doctoral Dissertation

The Doctoral School on Safety and Security Sciences and the Doctoral and Habilitation Council for Engineering and Natural Sciences of Óbuda University cordially invite you to the public defense of the doctoral dissertation of **XINYAN JIANG**.

Supervisor: Prof. Dr. István BÍRÓ

Title of the dissertation: **Biomechanical alteration in response to long-distance running, running experiences, running speed and the gender of runners**

Date of the event: **Monday 1 June, 2026 at 11:15 AM**  
(closed session of the committee at 11:00 AM)

#### Committee of the Public Defense:

##### Chair

Prof. Em. Dr. László POKORÁDI, Full Professor; Óbuda University

##### Secretary

Dr. István NAGY, Associate Professor; Óbuda University

##### Members

Dr. habil. Ildikó MOLNÁR, Associate Professor; Óbuda University

Dr. Katalin SZILÁDI, Associate Professor; University of Szeged

Prof. Dr. Péter KISS, Full Professor; Hungarian University of Agriculture and Life Sciences

##### Reviewers

Dr. habil. Árpád CZIFRA, Associate Professor; Óbuda University

Dr. habil. Endre JÁNOSI, Associate Professor; Eötvös Loránd University

**The language of the procedure is English.**

Respectfully,

**Prof. Dr. Tibor J. GODA**  
Head of the Doctoral School  
on Safety and Security Sciences